



## Proclamation

**WHEREAS**, over 34 percent of children in Washoe County are overweight or obese and 60 percent of adults in Reno and Sparks are overweight or obese; and

**WHEREAS**, unhealthy eating patterns and too little physical activity are primary contributing factors to overweight and obesity; and

**WHEREAS**, obesity can lead to severe and chronic health problems during childhood, adolescence, and adulthood, including heart disease, diabetes, cancer, and asthma; and

**WHEREAS**, obesity-related conditions now account for nearly one out of every ten dollars spent on medical costs; and

**WHEREAS**, there are concrete steps we can take right away as concerned family members, educators, planners, health care providers, service providers, and community leaders to ensure that our communities, youth institutions, and places of work combat overweight and obesity by supporting physical activity and promoting healthy eating;

**NOW, THEREFORE, I, GENO R. MARTINI**, Mayor of the City of Sparks, Nevada, do hereby proclaim September 19, 2012 as

### "OBESITY PREVENTION AWARENESS DAY"

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the Seal of the City of Sparks, Nevada to be affixed this 15<sup>th</sup> day of August, 2012.

  
GENO R. MARTINI, Mayor

**ATTEST:**  
  
LINDA K. PATTERSON, City Clerk

